

Good morning Discovery Family!!!!

I hope that you have heard the great news that Commissioner Schwinn announced related to Nashville's Public Broadcasting Network. Below is the news:

"Starting April 6, Tennessee's six PBS stations— WNPT Nashville, East Tennessee PBS, WCTE Upper Cumberland, WKNO Memphis, West TN PBS, and Chattanooga WTCI— will deliver two hours of programming with high-quality instructional content from 10 a.m. to 12 p.m. CST. Four hours of content will also be streamed overnight, which viewers can watch live or record."

We hope that many of our students are able to take advantage of this opportunity beginning the week after spring break.

I do not have any new information to share at this time. Don't forget today's suggestion is even more important since the sun showed up later than expected yesterday. Enjoy this day! The sun is shining. Remind our students of one of our essentials, "Carpe Diem"....seize the day!!!

Today's Suggestion: Mindfulness is something we hear a lot about these days. So, with the sun and the warmth, spend some time outdoors, paying attention to the five senses. Teach your children the importance of being still, quiet, and observant of outside. Have them take a moment to enjoy the fresh air and natural Vitamin D from the sun. Explore different places that you can walk and/or hike (being mindful of the social distancing and space still needed for everyone). Simply put, be outdoors!!!

Have a blessed and joyful day.

Kristina Maddux